

About Sheffield Place

Now in its 30th year of service and with the mission **‘to empower homeless mothers and their children to heal from their trauma and become self-sufficient,’** Sheffield Place is the only treatment and supportive housing program in Kansas City that focuses exclusively on highly traumatized, homeless mothers and their children. These families struggle with multiple barriers to success, including mental health, addiction, and domestic violence backgrounds, low educational attainment, upbringing in foster care, and felony convictions, among others. The agency serves families with children through 18 years of age. Sheffield Place also admits mothers who are in active addiction with the understanding that they will immediately enter recovery.



Sheffield Place provides supportive housing, intensive mental health and addiction recovery services, life skills training. The residential program features an average length of stay of nearly three months in the residential facility – often longer or shorter depending on a family’s individual needs. The facility serves 24 homeless mothers and their children at a time. Each family has a private living unit with a bathroom. Families share kitchens and laundry facilities.

The agency also provides ongoing support to families that have transitioned back to the community through Aftercare/Outpatient services. Families may continue to participate in case management, therapy, life skills training, and family social activities for as long as they wish and at no cost.



Two-thirds of the agency’s clients are children. The children’s program – Project HOPE – provides structured educational and therapeutic activities for the children each week. During group, children engage in evidence-based therapeutic activities, creative and expressive art projects, exercise, gardening experiences, and unstructured play.

Sheffield Place made the strategic decision to serve a larger portion of the overwhelming need in the community by serving more families with more intensive interventions. In June 2021, the agency dedicated the nearby SEVI House that provides seven additional units of transitional housing. The agency projects serving 33 percent more families (172 families) in 2022 as compared with the 131 families served in 2020. The agency has grown dramatically since 2010 when the agency served only 20 families. At the same time, nearly 1000 families will call Sheffield Place in search of services this year.

Hope, a Sheffield Place client, endured physical and emotional abuse. She credits Sheffield Place with her mental health recovery. “Without Sheffield Place, I’d still be struggling, trying to figure out what to do.

Now I have stability for the first time in my life.”

Sheffield Place is certified by the Missouri Department of Mental Health and recognized by Charity Navigator with its highest 4-Star rating for six consecutive years. The rating is based on measures of accountability, transparency, and effectiveness. Only 14% of rated agencies can claim this distinction. Sheffield Place also received a perfect 100% score – one of only 92 nonprofits in the nation and four in Missouri to

achieve this milestone.



[Sheffield Place.org](https://www.sheffieldplace.org)